

**CREW/SPECTATOR INFORMATION**

Support crews/Spectators are most welcome at the Scenic Rim Ultra Marathon. We love support crews – especially those that dress up and cheer loudly! The more people and the more enthusiastic you are the better the atmosphere for the runners. To keep the event manageable as well as fair and safe for all runners, and to make sure support crews do not get lost, there is some information support crews need to know.

Support crews are in for a real treat. This is a spectacular course and you will see some amazing parts of the Scenic Rim. Please bear in mind that there may be lots of support crew vehicles driving and parking on narrow roads. Please keep your speed down and lights on and be careful entering and existing parking areas. There is absolutely no need to speed to see your runner at the next aid station. You will have plenty of time.

Mobile phone coverage on the course is good.

Crews must wait to assist their runners until after the official check-in and medical evaluation (if required)

Crews must stay within 200m of the checkpoint while attending to their runners.

Crews must never park in such a way to block traffic, access to the trail, checkpoint or by double parking.

Crews are responsible for the removal of their rubbish – no littering.

Competitors will be held responsible for the actions of their crews.

Support Crews are not compulsory and runners can self-support at the event by making use of the drop bag service at checkpoints 3/7, 4/6, 5, 7, 8, 9 and the finish line. If you do choose to use a support crew, they only permitted to assist runners at the following checkpoints:

A picture containing outdoor, grass

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**105km**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Checkpoint Location** |  | **Distance from start** | **Distance from last**  **Aid Station** | **Cut-off time from last checkpoint** | **Spectators Allowed** | **Drop Bags** | **Pacers** |
| Mt Joyce  Cp1 |  | 12.65 km | 12.65 km | 2.5hrs | Yes | No | No |
| Lillibrook  Cp 2 |  | 35.6 km | 22.95 km | 3.5hrs | Yes | Yes | No |
| The Café  Cp 3 (QMP) |  | 45.5 km | 10.6 km | 2.5hrs | Yes | Yes | No |
| The Dugandan Loop Of Doom  Cp 4 |  | 53.5 km | 8 km | 2.5hrs | Yes | Yes | Yes |
| Deliverance  Cp 5 |  | 62.8 km | 9.3 km | 2.5hrs | No | No | Yes |
| The Dugandan Loop Of Doom  Cp 6 |  | 79.1 km | 16.3 km | 4.0hrs | Yes | Yes | Yes |
| The Café Cp7  QMP |  | 87.1 km | 8 km | 2.5hrs | Yes | Yes | Yes |
| Mt Crumpet  Cp 8 |  | 97.8 km | 10.7 km | 3hrs | No | Yes | Yes |
| Mt Juberra  Cp 9 |  | 105.7 km | 8 km | 3.5hrs | No | No | Yes |
| **The Finish**  **The Overflow Estate 1895** |  | **109.7 km** | **4.7 km** | **1.5hrs** | **Yes** | **Yes** | **Yes** |
|  |  |  |  |  |  |  |  |
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A picture containing sky, outdoor, grass, tree

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**65km**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Checkpoint Location** | **Distance from**  **start** | **Distance from last**  **Aid**  **Station** | **Cut-off time from last checkpoint** | **Spectators Allowed** | **Drop Bags** | **Pacers** |
| Mt Joyce  CP 1 | 12.65 km | 12.65 km | 2.5Hrs | Yes | No | No |
| Lilybrook  CP 2 | 35.6 km | 22.95 km | 3.5Hrs | Yes | Yes | No |
| The Cafe (QMP) CP 3 | 45.5 km | 10.6 km | 2.5Hrs | Yes | Yes | Yes |
| The Crumpet CP4 | 56.8 km | 10.7 km | 3Hrs | No | Yes | Yes |
| Juberra  CP 5 | 64.8 km | 8 km | 3.5Hrs | No | No | Yes |
| **Finish The Overflow**  **Estate 1895** | **69.5 km** | **4.7 km** | **1.5Hrs** | **Yes** | **Yes** | **Yes** |

Checkpoints locations for spectators and crew. These are the only checkpoints spectators and support crew can access. Please park in the allocated areas shown on each of the maps, which will be identified by witches hats.

A map of a tree

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Start/Finish Line precinct. – The Overflow Estate 1895 Winery



Checkpoint 1

A close up of a map

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Checkpoint 2

A close up of a map

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Checkpoint 3 and 7

A close up of a map

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Checkpoint 4 and 6

A close up of a map

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A close up of a map

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If you have any issues, please see the crew at the checkpoints.

We hope you have fun supporting your competitor out on the course and enjoy the views.

